Difference between Men and Women

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**It has been said that women enjoy hugging and touching more than intercourse, whereas men enjoy intercourse more. Do you believe this statement reflects a genuine difference between the sexes? If so, is it learned, cultural, or biologically determined?**

Yes, this statement reflects a genuine difference between men and women. This difference is biologically determined and results due to their different biological make-up. According to research, women usually release higher levels of Oxytocin more than men (Grewen et al., 2005). Hugging and touching make their body release this Oxytocin which is responsible for making them feel nice and enjoy hugging. Women are genetically predisposed to be more affectionate and desire the touch of others; thus, they will hug more than men. Another factor that contributes to this is the women’s sexual arousal being complex compared to that of men. They are not easily aroused like men are. Also, not many women orgasm during sex, for only 26 percent of them orgasm and 70 percent of men do (Shirazi et al., 2017). Thus many women do not enjoy sex, making them compensate for Oxytocin that would have been produced during orgasm by hugging. Sex in men is more straightforward, and due to their psychological structure they, desire sex more. Women and men experience hugging and sex differently because of the difference that exists in their biological function.

Reference

Grewen, K., Girdler, S., Amico, J., & Light, K. (2005) “Effects of Partner Support on Resting Oxytocin, Cortisol, Norepinephrine, and Blood Pressure Before and After Warm Partner Contact”. *Psychosomatic Medicine*, *67*(4), 531-538. <https://doi.org/10.1097/01.psy.0000170341.88395.47> Accessed on 17 May 2021.

Shirazi, T., Renfro, K., Lloyd, E., & Wallen, K. (2017) “Women’s Experience of Orgasm during Intercourse: Question Semantics Affect Women’s Reports and Men’s Estimates of Orgasm Occurrence”. *Archives Of Sexual Behavior*, *47*(3), 605-613. <https://doi.org/10.1007/s10508-017-1102-6> Accessed on 17 May 2021.